

3x4 Genetic Consult



Includes testing kit and consultation with provider to review results and discuss lifestyle modifications and supplement recommendations.

The science behind 3X4 is based on extensive research, combined with clinical practice to ensure that every recommendation we make is both scientifically accurate and proven to work in clinical practice.

A simple swab that will help us determine what your body needs. How to get started?

1) Receive the kit in the mail with instructions on collection.

2) Collect and Mail off sample.

3) Schedule a consult with us to review results and make supplements and lifestyle modifications. text



3×4 GENETICS